

Therapy Connections

Plan Name:	BlueOptions 5803	BlueOptions 5801	BlueCare 51 HMO	BlueOptions 5800	BlueOptions 5070/5071	BlueOptions 5464
Carrier:	Florida Blue	Florida Blue	Florida Blue	Florida Blue	Florida Blue	Florida Blue

PLAN FEATURES

Deductible Ind / Fam	\$2,000 / N/A	\$2,000 / N/A	\$2,000 / N/A	\$1,500 / N/A	5070-\$3,500 5071-\$7,000 /\$7,000	\$2,000 / \$6,000
Coinsurance	50%	50%	50%	50%	0%	0%
Out-of-Pocket Max Ind/Fam (includes Deductible, Copay, Coinsurance + Rx)	\$15,000 / \$15,000	\$15,000 / \$15,000	\$6,350 / \$12,700	\$10,000 / \$10,000	5070-\$3,500 5071-\$7,000 /\$7,000	\$2,000 / \$6,000
Wellness / Preventive Care	\$0 Copay	\$0 Copay	\$0 Copay	\$0 Copay	\$0 Copay	\$0 Copay

PHYSICIAN SERVICES

PCP Office Copay	\$45 Copay	\$35 Copay	\$35 Copay	\$35 Copay	0% after Ded	\$30 Copay
Specialist Office Copay	Ded + 50% Coinsurance	\$75 Copay	\$50 Copay	\$50 Copay	0% after Ded	\$60 Copay

HOSPITAL CARE

Inpatient Hospital Facility Fee	Ded + 50% Coinsurance	Ded + 50% Coinsurance	\$2,000 Copay	Ded + 50% Coinsurance	0% after Ded	0% after Ded
Outpatient Diagnostic Testing	Lab: \$0 Copay; X-Ray: 50% after Ded; Advanced Imaging: \$250 Copay	Lab: \$0 Copay; X-Ray: 50% after Ded; Advanced Imaging: \$250 Copay	Lab: \$0; X-ray: \$50 Copay; Advanced Imaging: \$200 Copay	Lab: \$0 Copay; X-Ray: 50% after Ded; Advanced Imaging: \$250 Copay	Lab, X-Ray, & Advanced Imaging: 0% after Ded	Lab: \$0; X-ray: \$50 Copay; Advanced Imaging: \$250 Copay
Outpatient Surgery Facility Fee	ASC: 50% after Ded; Hospital: \$400 Copay	Option 1:\$300 Copay; Option 2: \$400 Copay	Option 1: \$300 Copay; Option 2: \$400 Copay	Option 1: \$300 Copay; Option 2: \$400 Copay	0% after Ded	0% after Ded

EMERGENCY MEDICAL CARE

Emergency Room Facility Fee Emergency Medical Transportation	Ded + 50% Coinsurance Ded + 50% Coinsurance	Ded + 50% Coinsurance Ded + 50% Coinsurance	\$400 Copay Ded + 50% Coinsurance	Ded + 50% Coinsurance Ded + 50% Coinsurance	0% after Ded 0% after Ded	\$250 Copay 0% after Ded
Urgent Care Facility Fee	50% Coinsurance	50% Coinsurance	\$80 Copay	50% Coinsurance	0% after Ded	\$75 Copay
Referrals	Not Required	Not Required	Not Required	Not Required	Not Required	Not Required

PHARMACY - PRESCRIPTION DRUG BENEFIT

Deductible	N/A	N/A	Medical Ded Applies	N/A	Medical Ded Applies	N/A
Prescription Drug Benefit	Generic: \$10 Copay	Generic: \$10 Copay	Generic: \$10 Copay	Generic: \$10 Copay	Generic: 0% after Ded	Generic: \$10 Copay
	Preferred Brand: Not Covered	Preferred Brand: Not Covered	Brand: \$60 Copay after Ded	Preferred Brand: Not Covered	Preferred Brand: 0% after Ded	Preferred Brand: \$30 Copay
	Non-Preferred: Not Covered	Non-Preferred: Not Covered	Non-Preferred: \$100 Copay after Ded	Non-Preferred: Not Covered	Non-Preferred: 0% after Ded	Non-Preferred: \$50 Copay
	N/A	N/A	N/A	N/A	N/A	N/A

OUT-OF- NETWORK PROVISIONS

Deductible Ind / Fam	\$6,000 / N/A	\$6,000 / N/A	N/A	\$4,500 / Not Applicable	5070-\$7,000 5071-\$14,000 / \$14,000	\$4,000 / \$12,000
Coinsurance	50%	50%	N/A	50%	20%	50%
Out-of-Pocket Max Ind/Fam (includes Deductible, Copay, Coinsurance + Rx)	\$30,000 / \$30,000	\$30,000 / \$30,000	N/A	\$20,000 / \$20,000	5070-\$14,000 5071-\$28,000 / \$28,000	\$6,000 / \$12,000

This is only a summary. Please ask your employer if you want more detail about your coverage and costs, or you can get the complete terms in the policy or plan document at the carrier website. In the event there is a conflict

Member Tier	Semi-Monthly Rates					
	Employee Only	\$104.50	\$141.03	\$158.68	\$170.97	\$234.61
Employee + Spouse	\$430.26	\$513.55	\$553.78	\$581.81	\$697.03	\$1,052.86
Employee + Child	\$359.00	\$432.07	\$467.35	\$491.94	\$593.00	\$905.14
Family	\$664.39	\$781.30	\$837.76	\$877.10	\$1,038.81	\$1,538.22

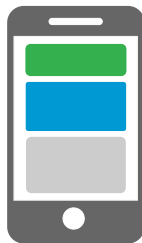
* RATES ARE SUBJECT TO CHANGE DUE TO FINAL ENROLLMENT

Register on **floridablue.com** or Download the **Florida Blue App!**



Visit **floridablue.com**

- ▶ Click **Log in** and then **New Member Registration**
- ▶ Make sure you have your **Member Number** (found on your ID card) and a **valid email address**
- ▶ Check your email to **verify your identity**
- ▶ Log in to **get started!**




Download **Florida Blue app**

- ▶ Search for **Florida Blue** on the **App Store** or **Google Play Store**
- ▶ Log in with your **user ID** and **password** from your online account

Florida Blue is an Independent Licensee of the Blue Cross and Blue Shield Association. We do not discriminate on the basis of race, color, national origin, disability, age, sex, gender identity, sexual orientation, or health status in the administration of the plan, including enrollment and benefit determinations. Have a disability? Speak a language other than English? Call to get help for free. 1-800-352-2583 (TTY: 1-800-955-8770) ¿Habla español? ¿Tiene alguna discapacidad? Llame para obtener ayuda de forma gratuita al 1-800-352-2583 (TTY: 1-877-955-8773)

You don't have to leave home to see the doctor.



 **Do you want to avoid going to a doctor's office when a health issue pops up?** Try a virtual visit, and see the doctor from anywhere.

Virtual visits let you speak securely by online video with your neighborhood primary care doctor or behavioral health therapist¹.

Or, you can use the Teladoc website or app to connect with a U.S. board-certified doctor or licensed behavioral health therapist within minutes.

When you use virtual visits or Teladoc, you get:

- **Convenience**
The care you need, with little to no wait time
- **Affordability**
Your cost share is \$0
- **Safety**
Limits exposure to others

Feel better when you have a non-emergency illness like:

- **Flu**
- **Rashes**
- **Sinus infections**
- **Cough**
- **Sore throat**
- **Other minor health issues**

Or, find peace of mind when you're experiencing:

- **Anxiety**
- **Depression**
- **Grief**
- **Family issues**

Ready for a virtual visit? Here's how to:

Speak with your primary care doctor or behavioral health therapist

1. Call your doctor to see if they have a virtual visit capability.
2. Schedule an appointment.

Use Teladoc 24/7 for a minor health issue

1. Register with Teladoc by downloading the Teladoc mobile app, visit [Teladoc.com](https://www.teladoc.com) or call 800-TELADOC (835-2362).
2. Provide your medical history.
3. Request a visit.

When you need care, a doctor is just a call or click away. Ask your doctor or therapist if they offer virtual visits. Or register for Teladoc today.

¹ Ask your doctor if they are approved by Florida Blue to offer virtual visits in Florida.

Florida Blue and Florida Blue HMO are Independent Licensees of the Blue Cross and Blue Shield Association. BLUE CROSS®, BLUE SHIELD® and the Cross and Shield Symbols are registered service marks of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield plans.

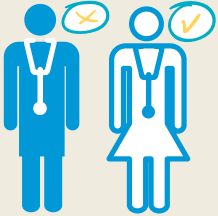
Teladoc doesn't offer a crisis hotline. Appointments must be scheduled.

Teladoc is an independent company contracted by Florida Blue to provide physician visits via phone or online video to members with non-emergent medical issues. Teladoc is only available in the U. S.

Teladoc® is a trademark of Teladoc, Inc.

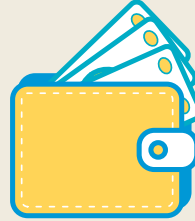
YOUR COST SHARE

In-network Advantage



Certain covered health care services may have a lower cost share or a \$0 cost share when you go to in-network health care providers.

Upfront Cost



Other covered services may have a **deductible** that you pay first. After you have paid the deductible, you may pay a smaller amount for those same covered services, as either **coinsurance** (a percentage of your bill) or a **copay** (a flat fee). Check your plan to see which services require the deductible to be paid first.

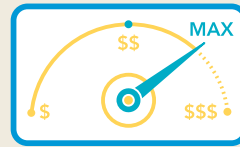
Flat Fees



You pay

Some covered health care services may have a **copay**, which means you'll pay a flat fee each time.

Annual Out-of-Pocket Maximum



Your plan will have an annual **out-of-pocket maximum**. This is the most you pay each year for services covered by your health plan. After you have paid this amount, your insurance pays 100% of covered medical services for the rest of the year.

How a Copay Works

A **copay** is a flat fee that you may pay for covered health care services when you go to an in-network health care provider. For example, if your plan has a \$25 copay for visits to a primary care doctor, that's the flat fee you'll pay for each primary care visit. Some plans may require that a deductible is paid first. There may be different copays depending on where you go or the type of care you need, but you'll know the cost right away.

How a Deductible Works

A deductible is the dollar amount you must pay for certain health care services each year before your health plan starts to pay. After you have paid the deductible, you usually pay only a copayment (a flat fee) or coinsurance (a percentage of the bill) for covered services.

The maximum amount that your plan will pay for a covered service is the **Allowed Amount** that has been negotiated with in-network providers. This amount is usually less than the normal rate.

This is an example of how cost-share works **before** you reach the deductible when you go to an **in-network** health care provider.

Doctor's full charge:	\$155
Allowed Amount:	\$95
YOU WOULD PAY:	\$95

Goes toward your deductible and out-of-pocket maximum

How Coinsurance Works

When your **deductible has been met**, you may pay a coinsurance percentage (%) for certain services. The percentage you pay is based on the Allowed Amount that has been negotiated with in-network providers. See the 20% example below:

Goes toward your out-of-pocket maximum

Doctor's full charge:	\$155
Allowed Amount:	\$95
YOU WOULD PAY 20% of the Allowed Amount:	\$19

*** Important:** The examples above assume that you go to an in-network health care provider. If your plan has out-of-network benefits, out-of-network providers can charge more than the **Allowed Amount** and bill you for the difference.

How Florida Blue Can Help

If you have any questions, we encourage you to click **Chat Now**, find a [local agent](#) or contact a nearby [Florida Blue Center](#).



Care Consultation & Advocacy Program

Sometimes things happen that are beyond our control like accidents, illnesses and emergencies. If your health changes, you need someone on your side to guide you through. That's what our Care Consultation and Advocacy Program is for.

The Care Consultant Team (CCT) is the heart of the program. Care Consultants offer free advice and support to help you manage your health needs and control your total costs.

Professionals on the Care Consultant Team:

- Nurse care advocates
- Benefit specialists
- Community resource experts

The CCT can help you:

- Save time
- Save money
- Make informed health care decisions

Let's explore the three types of support provided through the Care Consultation and Advocacy Program:

1 Benefit optimization

Benefit optimization can help you:

- Gain a better understanding of your plan
- Learn to use self-help tools
- See provider and drug options that may lower your costs
- See cost information and options that may lead to a more informed healthcare decision
- Manage out-of-pocket costs (especially for members in high deductible health plans)
- Get referrals to disease management programs
- Receive clinical support for other chronic conditions

“My Care Consultant was able to help me locate providers who could address my health concerns. I have now gotten the care I needed, and I am feeling so much better.”

– Joyce (Tampa, FL)

2 Clinical support

Clinical support can help you:

- Get support in understanding and following your doctor's treatment plan
- Learn healthy behaviors and lifestyle changes
- Discover the health care programs and services available and how to get access to them
- Gain insights to better manage chronic conditions
- Find cost-effective health care choices

“My Care Consultant was very professional and caring. My husband is waiting on a kidney transplant and needed tests done. She took time to explain the authorization process going beyond a quick answer.”

– Tamara (Ocala, FL)

3 Social and community support

Social and community support can help you:

- Find programs and support groups within your community
- Learn about financial assistance opportunities
- Get resources for family support
- Discover community resources to address special needs like transportation and lodging
- Learn how to get the most out of your plan and benefits

“After my mom broke her hip, we knew she needed assisted living. My Care Consultant was extremely helpful and sympathetic during a very stressful time. She gave me several places to visit within my budget and helped me find the perfect new home for Mom.”

– Candice (Tallahassee, FL)

Give us a call and let us help you get the most out of your health plan. We can help make the hard things in life a little easier.



Find a Care Consultant.
Call 888-476-2227.

Save Money with our Prescription Drug Savings Card



Saving is as Easy as 1-2-3!

Florida Blue offers another way to save on your drug costs: a prescription drug savings card! Use it to get instant discounts of up to 80% at participating pharmacies on thousands of brand-name and generic prescription medications. The card is perfect for:




- Those without health insurance or with limited insurance
- Those with prescriptions not covered by insurance
- Human drug prescriptions for pets

What's Not to Love?

Enroll for free today!

- Use it nationwide at more than 65,000 pharmacies.
- Enjoy an average savings of 60%, with potential savings of up to 80%, or more.*
- Savings for the entire family, including pets!

How it Works

-  Sign up for the savings card through your Florida Blue online account.
-  Show your card at a participating pharmacy.
-  Pay the discounted price.

Sign up today!

To get started, log in to your Florida Blue online account. Go to **My Plan** and then **Pharmacy** and click the link to **Florida Blue Prescription Discount Card**. You can also call the customer service number on the back of your member ID card.

Note: A prescription drug savings card is not pharmacy coverage. The amount you pay at a participating pharmacy with this program doesn't go toward your deductible or out-of-pocket amounts.

Staying healthy just got less expensive with Blue365

Great discounts and valuable information that can be used all year long—Blue365®. You can save BIG on a wide variety of healthy products and services through our members-only discount program—Blue365¹. Take advantage of exclusive discounts at select local companies and leading, national brands for everyday health and wellness or family care. Save up to 60% on fitness clubs, exercise equipment, contact lenses or glasses, nutrition and weight management programs and so much more! All available to you as part of your Florida Blue membership. We're dedicated to your pursuit of health.

Fitness

BodyMedia®

Get 15% off wearable body monitors plus receive a 3-month subscription to easily track more than 5,000 data points including everything from calorie expenditure to step count to sleep quality.

Snap Fitness®

Get 50% off the current enrollment fee, 10% off personal training sessions, a complimentary 1-month online nutrition and meal planning membership, and more.

Healthways™

Members will have access to *Healthways Fitness Your Way*, which includes a fitness membership with access to over 8,000 participating fitness locations for just \$25 a month and a network of 40,000 health and well-being specialists. Plus save up to 30% off health and wellness related products and services.

Polar

Save up to 25% on a selection of heart rate monitors that will allow you to track your progress, plus get recommendations on choosing a type of exercise, access training programs tailored to individual level and goals, and much more.

Reebok

- Make a purchase of footwear and apparel from the online Reebok store and receive a 20% discount and free shipping on the entire order (enter Promo Code REEBOK365 at checkout on reebok.com).
- At Reebok outlet stores when you use one of the online coupons you'll receive 15% off the entire purchase.
- Plus, each quarter there are additional specials just for our members, including Reebok Friends and Family events at 30% off and free shipping at Reebok.com, and 40% off at Reebok Outlets.

Healthy Eating

Children's Nutrition Education

Nutritional information is available for your children through the SuperKids program from Dole Food Company, Inc. The program offers unique Superkids recipes, games, and comics, and, where available, printable coupons for in-store promotions.

¹ Blue365 offers access to savings on items that members may purchase directly from independent vendors. Blue365 does not include items covered under your policies with Florida Blue or any applicable federal health care program. To find out what is covered under your policies, call Florida Blue. Blue Cross and Blue Shield Association (BCBSA) and local Blue companies may receive payments from Blue365 vendors. Neither BCBSA nor any local Blue company recommends, endorses, warrants or guarantees any specific Blue365 vendor or item. For more information about Blue365, go to floridablue.com.

Florida Blue is a trade name of Blue Cross and Blue Shield of Florida, Inc., an Independent Licensee of the Blue Cross and Blue Shield Association.

See next page...

Staying healthy just got less expensive with Blue365

Jenny Craig®

Members and their eligible dependents can enjoy a FREE 30-day trial program† and 25% off the 1-year Premium Success Program†. Plus a FREE welcome kit, dining out guide, cookbook, water bottle, pedometer, snacks, reusable grocery bag, and freezer bag.

†Plus the cost of food and shipping, when applicable. Discounts apply to membership fee only. Offer good at participating Centers and Jenny Direct® in the U.S., Canada and Puerto Rico.

Nutrisystem®

Save an extra 12% on any 28-day program order and get an extra week of food. Get a 10% discount on the advance line program if a member purchases two consecutive auto-ship orders.

Personal Care

Lasik

You will have a choice of companies to go to for great discounts on laser vision correction services for traditional and custom LASIK. Check out QualSight® and LasikPlus for all of their options.

Davis Vision

Davis Vision's national network of vision professionals offers 10-40% off everything from exams to lenses, frames, contacts and more.

Hearing Care and Products

You will have a choice of companies for your hearing needs. TruHearing and Beltone™ offer big discounts on eligible products and services, including hearing and screening exams, hearing aids, plus custom fitting and follow-up visits.

Caringbridge

Members will have free access to a nonprofit online community where people experiencing significant health challenges can connect with family and friends.

Hope Paige Designs

Members will have access to Hope Paige Designs' discounted products through the Blue365 website. Hope Paige Designs offers a line of fashionable, trendy and chic medical emergency bracelets. Every member who makes a purchase from Hope Paige Designs' online store will receive a 30% discount off list price and free shipping on the entire order.

Eldercare

- Through Seniorlink™, an eldercare management and advisory service, you'll receive discounts on 3- or 12-month memberships that include unlimited personalized telephone and Internet-based assistance, advice and support when caring for a family member.
- They can help you understand your options, create a comprehensive plan of care that promotes independence and quality of life for seniors, and help you find the perfect local eldercare services in your community or across the country.

Wellness

eMindful®

When you know it's time to make a lifestyle change, but need support along the way, eMindful can help. Members can enjoy 25% off the price of any retail online wellness webinar course with topics including managing your stress, eating healthier foods, exercise smarter or give up tobacco and many more.

It's easy to find out all the details for these exclusive savings—the information is available online 24/7 for your convenience.

Simply log in at floridablue.com. New discounted products and services are being added all the time—so check back often for new savings opportunities.

Don't pay more than you should—shop, compare and save money.

You have choices when it comes to the cost of your health care.

- The quality and price of medical services can vary depending on where you go for office visits, imaging services and surgery, including inpatient and outpatient care.
- Compare quality and cost before you go, and then decide what's best for your care.¹ **1653 N. WILLIAMS STREET**
- Cost estimates are based on your plan and where you stand with your deductible.¹ Your costs are lower after your deductible is met—pay only coinsurance or a copay for in-network services.
- To get cost estimates, simply log in at floridablue.com and select **Compare Medical Costs** under **Tools**.

Check doctor ratings.

- See patient reviews on important factors like trust, communication, availability and environment.
- To read reviews, log in at floridablue.com. Once you find a doctor using the search tool, click **Details** and then **See Patient Reviews**.

We're here to help:



Click

Log in at floridablue.com.



Call

a Care Consultant at **888-476-2227**.



Visit

us in person at a Florida Blue Center near you. Visit floridablue.com for locations.

Use CareCentrix if you need special medical care or equipment.

CareCentrix coordinates home health care, home infusion and specialized (called "durable") medical equipment for Florida Blue members. If you currently use these services or supplies, please call us at the number on the back of your member ID card to get set up. Or you can call the CareCentrix team directly at **866-776-4617** for help.

Surgery Cost Example

Inpatient or Outpatient	Cost Range
Select back, leg, pelvis & more.	Your actual cost can be estimated by a Care Consultant.
Health Care Facility A	\$21,710 - \$24,423
Health Care Facility B	\$17,752 - \$19,970
Health Care Facility C	\$13,197 - \$15,395

Imaging Cost Example

MRI, Scan or X-ray	Your cost
Select ankle, back, foot & more.	Before your deductible is met.
Imaging Facility A	\$797
Imaging Facility B	\$689
Imaging Facility C	\$1,569

Office Visit Cost Example

Primary or Specialist	Your cost
Select allergy, cardiology, dermatology & more.	Before your deductible is met.
Health Care Provider A	\$181
Health Care Provider B	\$326
Health Care Provider C	\$177

On floridablue.com, you'll also see a detailed cost break down, plus the health care provider or facility name, phone number, address, credentials, quality programs, approvals if needed, and patient ratings when available.

¹ Since surgery may involve multiple services and health care providers, you'll be able to compare cost ranges and then speak to our Care Consultants for actual cost estimates based on your plan.

Not all medications are alike— know before you go to the pharmacy.



Find out...

- **Is my prescription drug covered?** If not, discounts may be available through Florida Blue Prescription Drug Savings Card.
- **Is this a generic drug?** Great! You're saving money.
- **Is preapproval required first?** If so, your doctor will need to submit a Prior Authorization form.
- **Is a limited quantity covered per prescription?** If so, your plan will cover up to the 1 month maximum and you can pay for more.
- **Is this a brand-name drug?** Ask your doctor or pharmacist if there is a generic version available that's right for you.
- **Is this drug in the Step Therapy program?** If so, ask your doctor about other drugs that you need to try first.
- **Is this an oral or injectible specialty drug?** You'll get these through a specialty pharmacy in your network, either CVS Caremark at **866-278-5108** or Alliance Rx Walgreens Prime at **877-627-6337**.
- **Is this a diabetic supply?** Supplies such as blood glucose testing strips and tablets, lancets, glucometers, and acetone test tablets and/or syringes require a prescription that you can fill at your local pharmacy.
- **Is this a drug that you take on an ongoing basis?** If your plan has an in-home delivery option, order up to a 3-month supply and pay less than you would for monthly refills at your local pharmacy.

Find participating pharmacies at floridablue.com.

Prescription Cost Comparison Example* High Cholesterol

*Your cost before your deductible is met.	Brand: Vytorin	Generic: Ezetimbe- simvastatin
Pharmacy A	\$342	\$114
Pharmacy B	\$336	\$126
Pharmacy C	\$340	\$114
Home Delivery (90-day)	\$956	\$340



Call

a Care Consultant at **888-476-2227**.



Click

Log in at floridablue.com. Select **Compare Drug Prices** under **Tools**.

- Step 1:** Enter the drug name (or search by alphabet).
- Step 2:** Select pharmacies based on zip code.
- Step 3:** Compare prices and lower-cost options when available. Plus, see when Step Therapy, Prior Authorization or other requirements apply.



Visit

Visit us in person at a **Florida Blue Center** near you or visit floridablue.com/centers for locations.

*Total cost of a 90-day supply of medications prior to benefits being applied.

The Compare Medical Cost tool is an estimation of cost only. Estimates are not intended to be an exact calculation of claim payment and do not contain all health plan terms, conditions, limitations and exclusions that may apply to your coverage.

Florida Blue is a trade name of Blue Cross and Blue Shield of Florida, Inc., an Independent Licensee of the Blue Cross and Blue Shield Association. We comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability or sex.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-352-2583 (TTY: 1-877-955-8773).

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-800-352-2583 (TTY: 1-800-955-8770)

As a courtesy, Florida Blue has entered into an arrangement with Health Dialog® to provide decision support services. Florida Blue has not certified or credentialed, and cannot guarantee or be held responsible for, the quality of services provided by this vendor. Please remember that all decisions pertaining to medical/clinical judgment should be made with your physician or other health care provider. Florida Blue and Health Dialog do not provide medical care or advice.

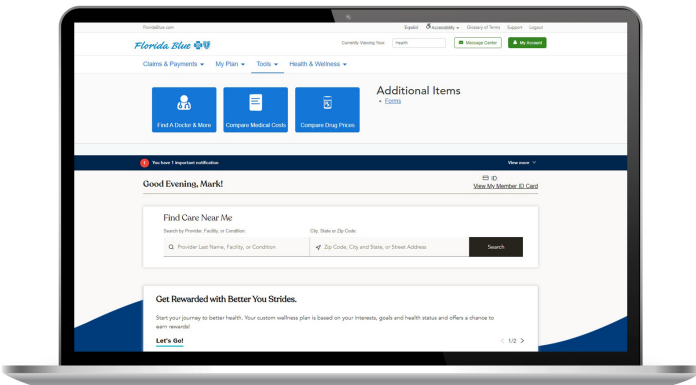
Need Care and Don't Know Where to Go?

No matter where you are, a doctor, urgent care center, or hospital is right at your fingertips.

Online

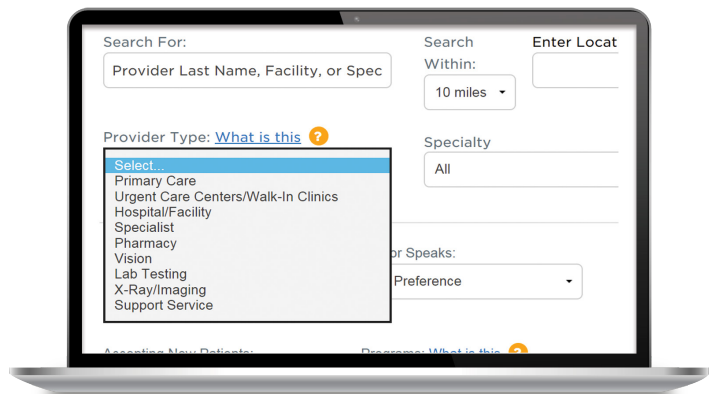
Step 1. Log in to floridablue.com.

Step 2. At the top of the screen, click **Tools** and select **Find A Doctor & More**.

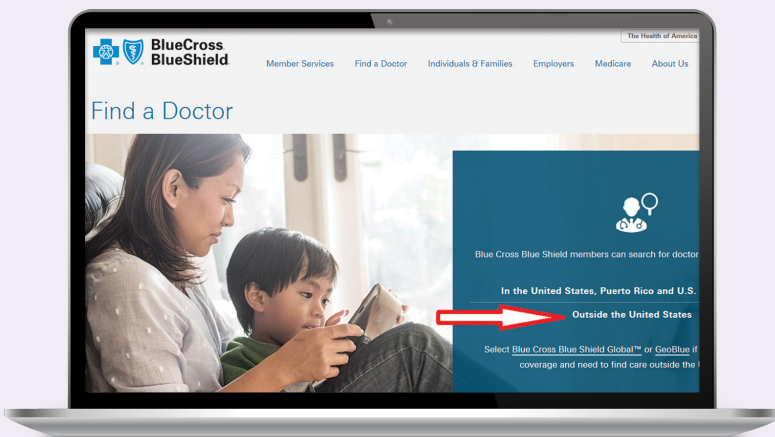


Step 3. In the search form, simply enter the provider's last name, facility, specialty, condition or NPI. You can also click the **Provider Type** dropdown and choose between:

- Primary Care
- Urgent Care Centers
- Hospitals and more



Step 4. Click the **Search Now** button. For virtual visits covered at \$0, look for the **Virtual Visit** banner and click **Get Started**.



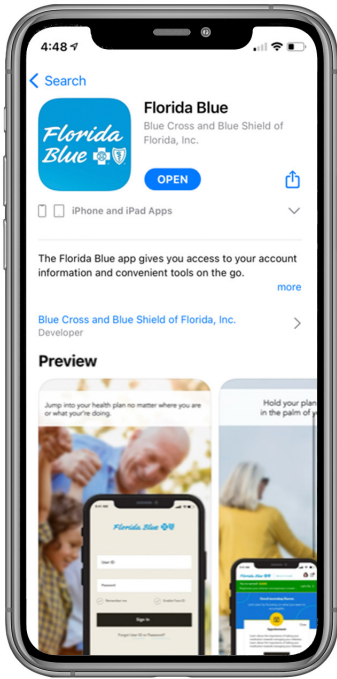
Outside Florida? Find Care From Anywhere!

You're always covered for urgent and emergency care outside of Florida. Some plans have additional out-of-state benefits.*

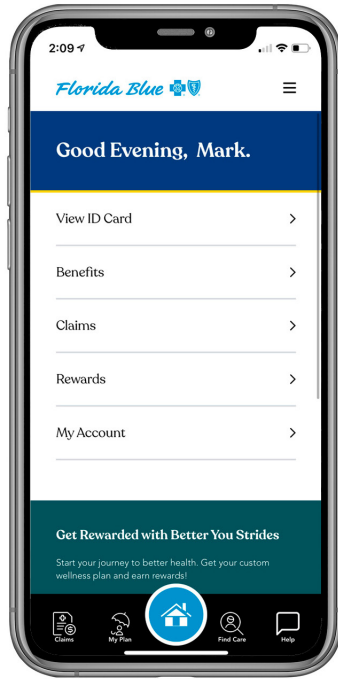
1. Log in to bcbs.com/find-a-doctor or call **800-810-2583**.
2. Click on **In the United States**.
3. Enter a **Location** and **Plan** to find care anywhere in the U.S.

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♥ On Your Mobile Device

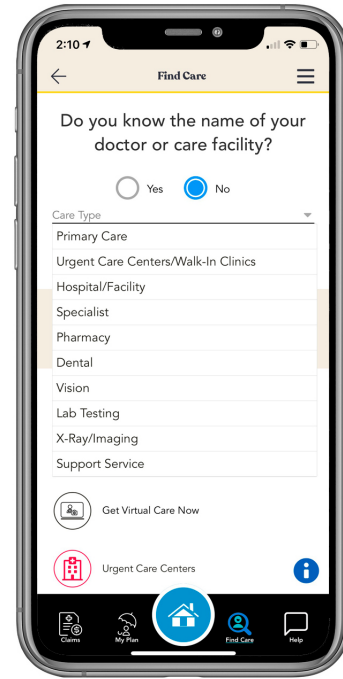


Step 1. Download the **Florida Blue mobile app** from the iTunes or Google Play app store.



Step 2. Open the app and log in to reach your member dashboard. On the navigation bar at the bottom of the screen, click **Find Care**.

Step 3. At the **Find Care** screen, click **Florida Doctors** and **Pharmacies**.

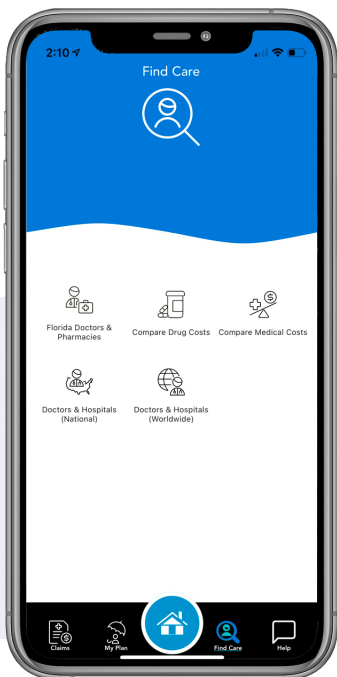


Step 4. Select **Yes** and search by entering the provider's last name, facility, specialty, condition or NPI.

Select **No**, then click the **Care Type** dropdown button and choose between primary care, urgent care centers, hospitals and more.

Step 5. Click **Get Results**.

For virtual visits, click **Get Virtual Care Now** and **Get Started!**



Outside Florida? Find Care From Anywhere!

You're always covered for urgent and emergency care outside of Florida. Some plans have additional out-of-state benefits.*

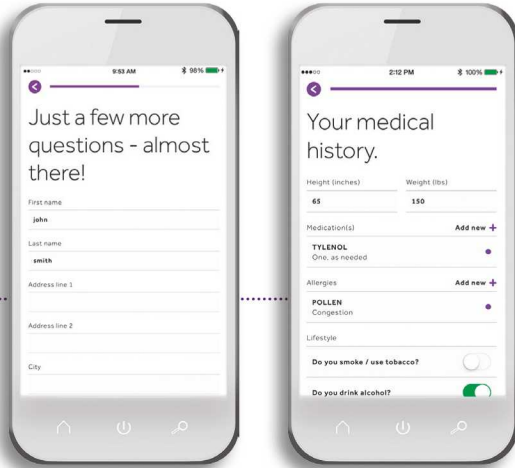
1. Open the app and login. Click **Find Care** on the navigation menu.
2. Click on **Doctors & Hospitals (National)**.
3. Choose a **Location** and **Plan** to find care anywhere in the U.S.

*Please refer to your policy for information on the specific cost shares applicable to this service outside of Florida, or call the telephone number on the back of your member ID card.

Get started with the **Teladoc Mobile App**

DOWNLOADING THE APP IS QUICK AND EASY!

Visit Teladoc.com/mobile or visit your app store.
Then follow the instructions below.

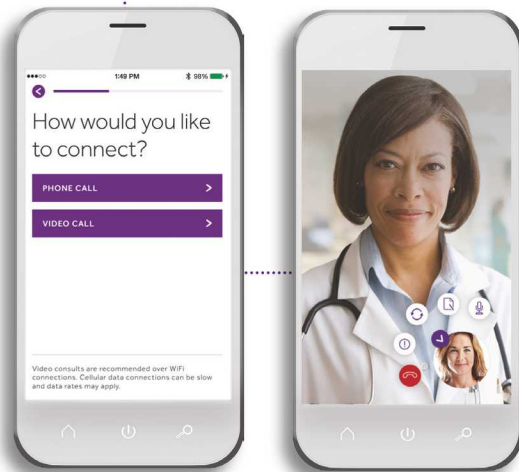


1. CREATE AN ACCOUNT

Setting up your Teladoc® account through the mobile app only takes a few minutes. After downloading the app, you'll provide medical history to give doctors the information they need to provide you with quality medical care. You can also add family members to give them around-the-clock care.

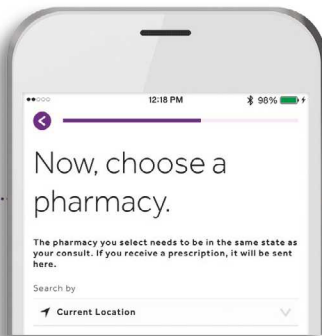
2. TALK WITH A DOCTOR NOW

Speak with the first available Teladoc doctor or schedule an appointment. Within minutes, a doctor will call ready to listen, diagnose and prescribe medication, if medically necessary. After your consult, you can choose to share the results with your primary care physician.



3. PICK UP YOUR PRESCRIPTION

If medically necessary, a prescription can be sent to your local pharmacy. Search for nearby pharmacies or use one of your favorites. Teladoc is the convenient and affordable way to get the care you need now.



Talk to a doctor anytime!

 Teladoc.com

 **1-800-Teladoc (835-2362)**

Available on the iPhone
App Store

ANDROID APP ON
Google play

Therapy Connections 2023-24 Benefits Election Summary

Personal Information	
Full Name:	Date of Birth:
Address:	Gender: Male Female
City, State, Zip:	Job Title:
SSN:	Date of Hire:
Email:	Salary:
Primary Care Physician:	Phone Number:

Please make a selection for each benefit. The cost reflected below is per pay period (semi-monthly), and becomes effective December 1st, 2023.

Medical - Florida Blue				
Select One:	Employee Only	EE & Spouse	EE & Child(ren)	Family
BlueOptions 5803	\$104.50	\$430.26	\$359.00	\$664.39
BlueOptions 5801	\$141.03	\$513.55	\$432.07	\$781.30
BlueCare 51 HMO	\$158.68	\$553.78	\$467.35	\$837.76
BlueOptions 5800	\$170.97	\$581.81	\$491.94	\$877.10
BlueOptions 5070/5071	\$234.61	\$697.03	\$593.00	\$1038.81
BlueOptions 5464	\$377.57	\$1052.86	\$905.14	\$1538.22
Decline	Reason:			

Dependents - Please complete if enrolling for coverage							
Name	Relationship	M/F	SSN	DOB	Medical	Dental	Vision

Please read the following agreement and sign below.

Payroll Deduction: I authorize my employer to deduct from my earnings the amount required to cover my share of the premiums for the selected coverage.

Employee Signature _____

Date _____